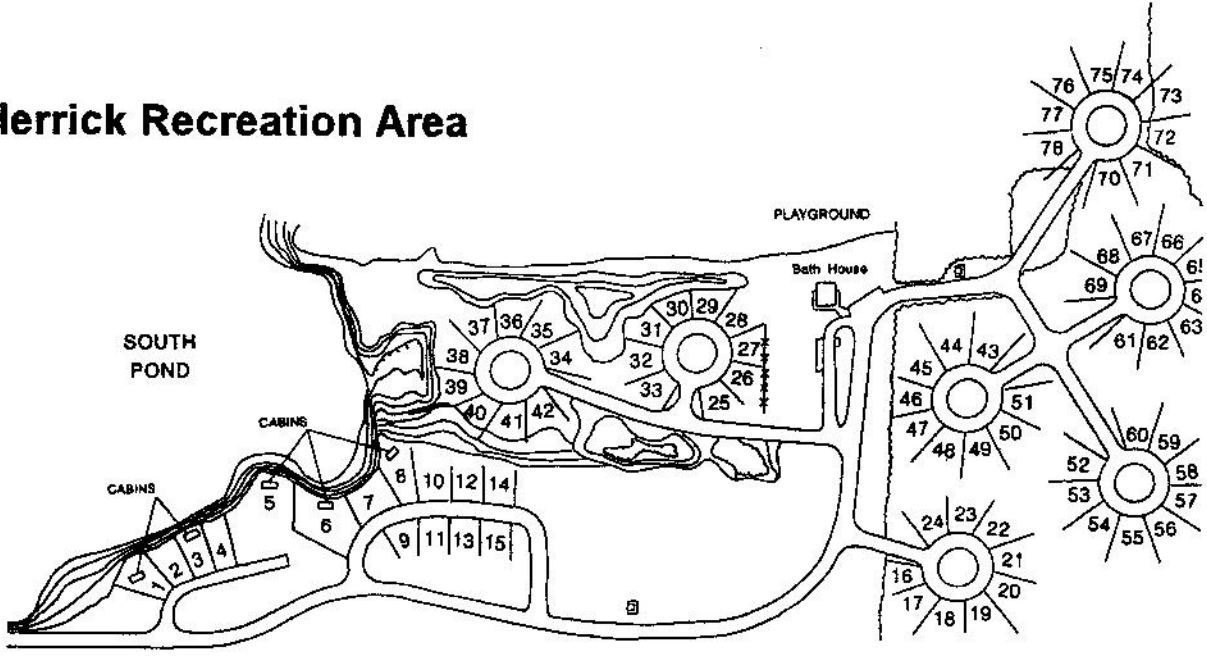Herrick Recreation Area